

Friendship and Bullying

What It Means to Be a Friend



Being kind, respectful, compassionate, and considerate are necessary to grow strong and healthy relationships. Tell your child what you think it means to love as Jesus loves. Then describe specific times you have seen your child be a good friend to others. Acknowledge how proud you are of your child and that you trust he or she will continue to show love and concern for others.

Many Forms of Bullying

Remind your child that bullying is not just physical intimidation or teasing, but also leaving others out of groups and conversations and targeting people online. You might say: ***If you witness bullying or if you are being bullied, you can always come to me or another trusted adult for help.***

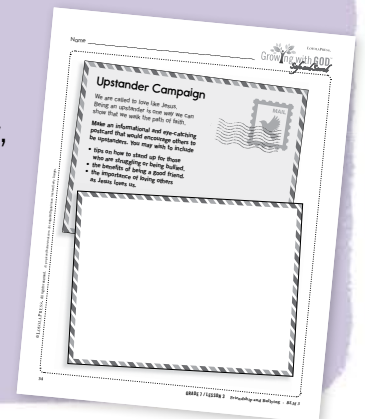


The New Commandment

Discuss with your child the New Commandment: to love one another as Jesus loves us. Remind him or her that we are disciples of Jesus when we support one another through our words and actions. Pray with your child for the guidance, courage, and strength to always live Jesus' message of love.

Stand Up for Others

Review with your child the Upstander Campaign handout. Discuss with him or her how loving others as Jesus loves us means standing up for those who are being bullied and struggling. Tell your child that if someone is being treated unjustly, we can be like Jesus and show that person that he or she is not alone. Invite your child to share ideas for ways to safely stand up for others. Add your own ideas.



Name _____

Upstander Campaign

We are called to love like Jesus.
Being an upstander is one way we can
show that we walk the path of faith.

**Make an informational and eye-catching
postcard that would encourage others to
be upstanders. You may wish to include**

- tips on how to stand up for those
who are struggling or being bullied.
- the benefits of being a good friend.
- the importance of loving others
as Jesus loves us.

